



FOR IMMEDIATE RELEASE

Contact:

Joanie Cavanaugh
Director, Marketing and Communications
Joanie.Cavanaugh@dignityhealth.org
(650) 482-6071

Sequoia Hospital Grants Help Seniors Stay Healthy, Gain Independence After Hospital Discharge

REDWOOD CITY, CA – Feb. 18, 2014 – Dignity Health Sequoia Hospital has awarded \$110,000 in community grants to a collaborative of eight nonprofit organizations that provide services to help older adults recuperate successfully and independently at home after a hospital stay.

This innovative, multi-faceted collaborative called Sequoia Community of Care...Across the Continuum, aims to bridge the gap between an older patient's discharge from the hospital and a strong recovery. The combined efforts of these grantees contribute to a seamless continuum of care that addresses unmet health-related needs and prevents readmission.

"We are privileged to be part of a community where so many important services are available for this vulnerable population, and we're proud to continue this partnership with them year after year," said Glenna Vaskelis, Sequoia Hospital President.

Grants were awarded to the following organizations:

- Peninsula Family Service, for bilingual case management, in-home assessment, and connection with community partners for older adults who have disabilities, inadequate support systems or are at risk for isolation.
- Peninsula Volunteers, Inc., for the Meals on Wheels program, which provides up to seven nutritious home delivered meals and wellness checks every weekday for at least four weeks.
- Jewish Family and Children's Services, for the Seniors at Home program, which provides up to 20 hours of private duty home care over 3-4 weeks for vulnerable older adults who are at risk of losing independence.
- The Redwood City Free Clinic through Samaritan House, to provide transitional coaching on independent living and staying healthy, in-home assessments and follow-up meetings by phone.

- Peninsula Jewish Community Center, to support the Get Up & Go program, which provides scheduled, door-to-door transportation for homebound older adults for medical appointment and other vital needs.
- Catholic Charities CYO together with Peninsula Volunteers, Inc., to provide individuals living with dementia a 10-day introduction to an adult day program at San Carlos Adult Day Center or Rosener House in Menlo Park.
- Family Caregiver Alliance, to provide educational workshops about dementia to family caregivers.
- Alzheimer's Association, to provide educational conferences and workshops to family caregivers and persons with dementia and Alzheimer's.

Sequoia Hospital's community grants were awarded at a breakfast event on Feb. 13 at the Westin San Francisco Airport Hotel. Overall, Bay Area nonprofits received \$485,000 from four Dignity Health hospitals – Saint Francis Memorial Hospital and St. Mary's Medical Center in San Francisco, Sequoia Hospital, and Dominican Hospital in Santa Cruz.

About Sequoia Hospital

Dignity Health Sequoia Hospital is an accredited, not-for-profit community hospital providing innovative and exceptional health care for generations of Bay Area residents. In 2014, the hospital will celebrate the opening of a rebuilt, state-of-the-art medical campus, including modernized emergency services and an all-new Pavilion with three floors of larger, private patient rooms.

Recognized for superior and sustained clinical quality, the hospital received the 2013 America's 50 Best Hospitals Award™ and the 2013 Distinguished Hospital Award for Clinical Excellence™ from HealthGrades®, a leading provider of comprehensive information about physicians and hospitals. Sequoia's Heart and Vascular Institute is a nationally known pioneer in advanced cardiac care. The hospital was voted "A Family Favorite 2013 Best Birth Center and Best Hospital" by readers of *Bay Area Parent* magazine.

To learn more, please visit our website: www.SequoiaHospital.org

Join our community:

<http://www.facebook.com/SequoiaHospital>

<http://twitter.com/SequoiaHospital>

Watch our videos:

www.youtube.com/SequoiaHospital

###